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WHERE TO GO THIS **RAMADAN**

Mother
Baby &
Child

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IS BOTTLED
WATER
BAD FOR YOU?

Happy
FATHER'S
DAY
I LOVE DAD

JAMIE OLIVER'S
STEP-BY-STEP

DIY

RECIPE FOR THE KIDS

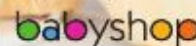
MORE DANGER ON THE ROADS
KEEPING YOUR CHILDREN SAFE

SHOPPING ON A BUDGET

ONLINE SUPERMARKET

DEALS

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In the past, we would only hear of hair transplantation as a surgical technique to treat bald or thinning areas of the scalp. However, given recent medical advances, hair transplant procedures are now being used to treat other areas of the body. Among such procedures are surgical techniques, including eyebrow and eyelash transplants, which are becoming increasingly popular.

EASY ON THE *Eyes*

Eyebrow and Eyelash Transplants

▲ **Dr Nic Isse**
*Plastic Surgeon, The American
Surgecenter, Abu Dhabi*



▲ How do you assess patients for eyebrow and eyelash transplants?

Eye-brow and eyelash transplants are ideal for both medical and cosmetic purposes. Such treatments are recommended for individuals who suffer from partial/total loss, or thinning of eyebrows/eyelashes due to alopecia, injuries, burns and over-plucking the eyebrows or the misuse of eyelash extensions. Ideal candidates also include those who want to improve eyebrow thickness and the eyelash length and fullness.

▲ What makes such procedures better than other treatments/products including eyebrow tattoos and eyelash extensions?

We use your own natural hair for transplants so we can ensure a natural post-procedure look. Donor hairs are living follicles from your head so they will grow like your normal hair. Therefore, they offer permanent solutions to problems in comparison to

tattoos which require top-ups or extensions which you need to re-do again and again.

▲ Please describe the procedure.

It employs a state-of-the-art micro-surgical transplantation technique conducted under local anaesthesia, with or without sedation. Follicular units are obtained from the back or lateral side of the scalp. Grafts are separated into singular hair follicular units, with each of the units carefully prepared to ensure they are intact and ready for transplant; they are as small and as clean as possible. Any excess fat, dermis and epidermis is trimmed away as only a minimum amount of tissue should be left around the bulb.

The units are placed one at a time into each recipient site - tiny incisions on the brow area or eyelids. Every hair follicle is implanted individually with utmost care to ensure specific placement onto the recipient area. Depending on how many hairs

are transplanted, each procedure could take between 2 to 4 hours, with the surgeon meticulously checking the shape and density of the transplanted hairs until both parties - surgeon and patient - are happy with the results.

Procedures are virtually pain and risk-free, although the patient may experience minimal tenderness and some small crust formation on the areas of scalp where the hair graft was taken for about 5 days. Basic post-operative care is essential. The healing process would take approximately 5 days.

▲ How long will it take until I get to see the final results?

Transplanted hairs will grow at the rate of normal scalp hair. Once the eyebrows grow, they will require regular maintenance and trimming and the same goes for the eyelashes. After the healing process is complete, normal grooming of the hair is required and enhancements like mascara, curls, etc. can be applied.



WHAT ABOUT GETTING RID OF UNWANTED HAIR?

Silk-expert IPL uses Braun's SensoAdapt™ technology to help you safely at the comfort of your own home. The result is a virtually painless way of achieving long-lasting, smooth skin.

