



Experiences

My Hydra Facial Experience ♥

June 5, 2016

Hi dolls! I hope you're having a fantastic day ✨ About two weeks ago, I had the opportunity to try the HydraFacial at [The American Surge Center](#) in Abu Dhabi. HydraFacial is a non-invasive and non-surgical procedure that includes a painless suction device to perform the facial. It is not only a facial, but is considered a skin treatment as well; meaning it cleanses the skin as well as addresses its problems, which is the reason why I was so interested in it 😊 It is suitable for all skin types, but is unique for each customer as the techniques and treatments used are specific for that customer's skin. ✨ The end result of the facial is moisturised, glowing and youthful skin!

MY EXPERIENCE

Hassania Tahiri was the amazing specialist that did my facial. She took a closer look at my normal-combination skin and determined the problems that needed to be treated. I had rough texture on and around my nose, as well as pigmentation around my mouth and dark circles under my eyes. She started off by cleaning off my skin, then she used salicylic acid peel to get rid of all the black heads and dirt clogged in my pores, and to get rid of the rough texture I had. Then, she used a spot-treatment ampule to treat my pigmentation. She also used a very gentle peel under my eyes to brighten them! I had really small pimples in random areas on my face, and she took care of them by extracting them. Next, she gave me a collagen boost by using a Vitamin C solution all around my face, and lastly, she applied a super-cooling face mask that includes Vitamin C and collagen for that final touch of hydration and glow. What I loved is that she used a soft-light laser to close my pores after the facial is done, and that is very important in order for the skin to not break out.

THE RESULTS

O.M.G. The difference in my skin is unreal 😍 Straight away I noticed that my pigmentation is MUCH less, even my dark circles .. YAY 🎉 My skin had a gorgeous healthy glow to it, and it looked like I've been taking good care of it while in reality, I haven't ☐ It made me not want to wear makeup at all! I noticed that I got a couple of small spots, and the area where I had pimples was slightly red, but that is to be expected with every facial. As the days went by, my skin got clearer and clearer, and today I can say it is looking its best even after almost two weeks of getting the facial done 🙌 no pimples, no spots, and definitely less pigmentation.

The specialist recommended to get it done once a month, and [The American Surge Center](#) offers packages of four sessions starting from 2380 AED, while one session of the facial costs 700 AED. It is definitely worth every dirham paid because it actually delivers long-lasting results! Something to keep in mind is that you should be careful regarding which clinic you choose to do the HydraFacial at, as some have no knowledge about the way it is done or the machine itself. If you live in Abu Dhabi, [The American Surge Center](#) is a MUST, you can reach them on 02-4430909. I cannot wait to come back for another session! 🍷

XOXO,

THH